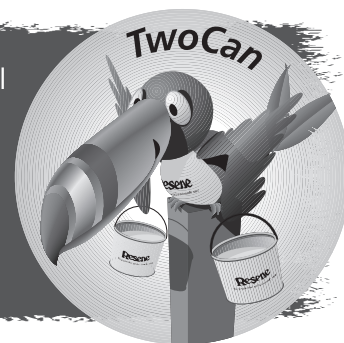


“ Workplace safety has been a hot topic recently with large numbers of us still getting ill and injured at work despite increasing numbers of safety regulations designed to keep us safe. With safety, only 100% safety is good enough, because anything less means that someone is likely to suffer. So make being site safe a habit, look after yourself and your workmates and check out the **FREE Resene Putting your safety first brochure** and we'll all be right as rain and enjoying our long relaxing (and well deserved of course!) retirements together. ”



## Asbestos containing building materials

**We had a query come in regarding how to treat asbestos. Asbestos is pretty nasty stuff so with thanks to the DOL we have put together some information you should keep in mind when dealing with asbestos in buildings...**

During preparation for painting the presence of asbestos in a substrate presents a potential health hazard. Unlike lead in paint there is no spot test that is available to confirm the presence of asbestos.

Asbestos causes lung cancer and other cancers, and other lung illnesses such as asbestosis. The first symptoms may not appear for 15-20 years after exposure.

Asbestos was used widely from the 1820s to the mid-1980s in roof tiles, wall claddings, vinyl floor coverings, sprayed fire protection, decorative ceilings, roofing membranes, adhesives and even paints and gaskets. Asbestos was part of any fibre cement type sheeting that was manufactured prior to 1982. This includes Super Six roofing and flat sheet fibre cement cladding product. Malthoid, an old roof cladding made of felt impregnated bitumen also contained asbestos. Nuralite (resembles butynol) is another roofing material that contained asbestos. Asbestos may also be present in old textured ceiling coatings and as the backing to old lino floor coverings.

When undertaking maintenance painting of any structure in which any of the substrates above are present, questions re the age of the



Shows asbestos containing cladding on the upper exteriors and soffits as well as the gable end

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Shows asbestos containing roofing and wall cladding

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building element should be asked and if they pre date the dates when asbestos was removed then preparation must be undertaken in accordance with the relevant OSH guidelines. See [www.dol.govt.nz](http://www.dol.govt.nz) and search for asbestos guidelines.

If a person is unsure that asbestos is present then they should consult an experienced person prior to commencing work on asbestos containing material.

If products containing asbestos are in sound condition and left alone, they don't pose a big risk. Problems mostly come when materials are cut, sanded, waterblasted or broken up – thus releasing fibres. All three types of asbestos – white, blue and brown – are dangerous.

Removal and/or disposal of asbestos containing materials may require special permission and involvement of a licensed removal company and notification to the land fill. The asbestos containing material can then be removed according to established safety practices and disposed of according to local Council bylaws. Contact your local council to find out their requirements.

The identification of asbestos requires sending a representative sample of the material to a specialist laboratory. Two New Zealand laboratories offer this service, Capital Environmental Service Ltd, [www.fibres.co.nz](http://www.fibres.co.nz), located in Wellington and Dowdell and Associates, [www.dowdellassociates.co.nz](http://www.dowdellassociates.co.nz), located in Auckland.

It's best to play it safe, so if in doubt about any substrates get the test done before you start the project.

## CHILL OUT!

The chill is in the air again (or maybe it is too many cold beers in front of Super 14), which means that the Production boys and girls are cranking up the supply of **Resene Wintergrade products** again to help you keep working over winter. The recommended drying temperature for these products is a supercool 2°C, which means you are buying yourself an insurance policy against the cold.

Cold weather means that standard waterborne paint can't form a proper film at low temperatures as the acrylic base needs some warmth to make the particles soft enough to stick together. Unless the paint is based on wintergrade technology, a paint film dried in the cold can crack and even just dry to a powder. There's an intermediate set of temperatures between 5°C to 10°C where the

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film seems to form okay but looks can be deceptive as the coating is likely to have much poorer than normal durability.

But before you get disheartened, painting over winter definitely is possible, especially if you have a trusty pail of Resene Wintergrade by your side. The Resene Wintergrade range includes:

- Resene Wintergrade Lumbersider waterborne satin
- Resene Wintergrade Hi-Glo waterborne gloss
- Resene Wintergrade Sonyx 101 waterborne semi-gloss
- Resene Wintergrade X-200 waterproofing membrane



- Resene Wintergrade Quick Dry waterborne primer undercoat
- Resene Wintergrade Roof Primer waterborne primer

Best of all the Wintergrade versions are just the same price as the normal versions, so you can just choose whichever product fits in with your local weather conditions. Finishes of wintergrade products can differ slightly from the standard products so if you start a job in wintergrade products we recommend you finish it in wintergrade products to get the most even finish.

Production will be churning out batches of wintergrade products from now until the end of August, at which time the optimists among us think it might just start feeling warmer or else we'll all be frozen solid and won't know the difference.

### And if you've ever had a muddy day, you might just recognise elements of this one that we found on the internet late one Friday afternoon...

**"Recently I was diagnosed with AAADD – Age Activated Attention Deficit Disorder. This is how it manifests:**

I decided to wash my car. As I started toward the garage, I noticed some mail on the hall table. I decide to go through the mail before I wash the car. I put my car keys down on the table, put the junk mail in the rubbish bin and notice that the rubbish bin is full. So I decide to put the bills back on the table and take out the rubbish first. But then I think, since I'm going to be near the letterbox when I take out the rubbish, I may as well pay the bills first.

I take out my chequebook which is on the table and there is only one cheque left. My extra cheques are in my desk in the study, so I go to my desk where I find a bottle of soda that I'd been drinking. I'm going to look for my cheques but first I need to push the soda aside so that I don't accidentally knock it over. I see that the soda is getting warm so I decide I should put it in the fridge to keep it cold.

As I head towards the kitchen, a vase of flowers on the bench catches my eye – they need to be watered. I put the soda down on the bench and discover the reading glasses I've been searching for all morning.

I decide I'd better put them back on my desk but first I'm going to water the flowers. I put the glasses back down on the bench, fill a container with water

and suddenly spot the TV remote. Someone left it on the kitchen table. I realise that tonight when we go to watch TV we'll be looking for the remote so I decide to put it back in the study where it belongs, but first I'll water the flowers.

I splash some water on the flowers, but most of it spills on the floor. So I get some towels to wipe the spill.

Then I head down the hall trying to remember what I was planning to do.

At the end of the day; the car isn't washed, the bills aren't paid, there is a warm bottle of soda on the bench, the flowers aren't watered, there's still only one cheque in the chequebook, I can't find the remote, I can't find my glasses and I don't remember what I did with the car keys.

Then when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all day long and I'm really tired. I realise this is a serious problem and I'll try to get some help for it, but first I'll check the email.

Do me a favour. Forward this message to everyone you know, because I don't remember to whom it has been sent. Boy, it's tough getting old..."

### Award winning colour



Show your true colours and receive the recognition you deserve. We've launched the Resene Total Colour Awards to recognise outstanding use of colour. We want to celebrate the best of the best, so if you've worked on a particularly colourful project recently then check out [www.resene.com/colourawards](http://www.resene.com/colourawards) for entry details or pick up an entry form from your Resene ColorShop or Representative.

**Categories include:** Residential – interior, Residential – exterior, Commercial – exterior, Commercial – interior, Landscape, Product, Sustainable systems, Display, Rising star – Student, Lifetime achievement. (Commercial includes commercial, corporate rebranding, industrial, government sector). Open to entries from Australia, New Zealand and the Pacific Islands.

### Unleash your inner artist

The Resene Mural Masterpieces Resene is running a mural competition with over \$5000 of prizes to be won. Entry is easy - simply register your entry details online at [www.resene.com/murals.htm](http://www.resene.com/murals.htm) or drop into your local Resene ColorShop and pick up a copy of the **Mural Masterpieces Competition registration form**. Send your completed registration to Resene and you'll receive an entry pack containing all the information you'll need to get started.

#### There are four classes of entry:

- Best Professional Mural
- Best Community Mural
- Best School Mural
- Best Mural Design



Entry is open to all ages and all mural types, so get your creative juices and paintbrushes fired up. Entries close 5 November 2010.



That's all for now – catch ya next month!

TwoCan, Editor.

